

# March April 2016 update



Photo. Children from Fressingfield Primary collecting and donating food at their harvest festival.



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Staff and Children from Oaks Nursery in Diss help us at the 2015 Christmas collection over 1,700 kgs of food was collected over the 3 days thanks to all that helped and donated food

Thanks to the wonderful students from Capernwray Bible college who spent a sunny February afternoon painting our warehouse doors



Unit 9b  
Brome Industrial Estate  
Eye, Suffolk  
IP23 7HN  
07498 318194  
0845 2691078 (calls cost 5ppm plus your own operator access charges)  
info@waveney.foodbank.org.uk

Last year you donated enough food to fill one of these ..measuring 39 7.5 6.5



**Summer Tesco Neighbourhood Food Collection Thurs 30th June, Fri 1st and Sat 2nd July.**  
**Would you like to take part?**  
**If so contact us.**

Thank you for your continued food donations  
During 2015  
32,000 meals were given out as emergency food. Compared to 28,980 in 2014/15.  
Of this number, over 15,000 went to children.

The top three reasons for foodbank referral were:  
[low income 38%; benefit delay 11 %; benefit change 10%]  
In Harleston 51% of all clients were receiving some form of in work benefits

# March April 2016 update

Our Christmas hamper appeal continues with great success in 2014 we gave over 50 hampers away to local families in crisis giving over 200 people a Christmas meal

Last Christmas 2016 we distributed over 90 hampers, again to local families in need feeding 450 people we would like to thank.....Diss Salvation Army, Volunteers from South Norfolk Council, Those that helped collect food over the three days at Tesco and everyone who donated to our appeal.



Volunteers from South Norfolk Council helping us pack Christmas hampers



Some of the many gifts from Bungay Labour Supporters

A really big thankyou also goes to Bungay Labour party who donated over 50 boxes of toys and extras to help those most in crisis, giving local children a fantastic Christmas



## MAIN FACTS AND FIGURES

### 2015 to 2016

**2200 People fed** incl Christmas hampers

**24,000 kgs of food donated**

**22,000kgs of Food given out**

**We have 7 Distribution centres**

**We have over 150 Volunteers**

**We have 60 Voucher issuers**

**We have over 150 regular Donors**

**Last year it cost over £9000 to run**

**Waveney foodbank .(we pay no wages)**

## Foodbank Prayer March 2016 from Rosemary Adams

A client has had her benefits reinstated along with backpay and is so delighted to be able to pay off all the bills. She thanks everyone at Waveney Foodbank for all their kindness and support." We thank our God for wonderful news like this and for the people who make it all possible. In some Distribution Centres we also seem to have a different attitude among recipients of boxes, in that more are saying, "We have enough sugar /tea/ whatever, please put that by for somebody else. We will only accept what we really need and are able to use." This is a refreshing change from the 'grab what I can while I can' attitude that has sometimes surfaced in the past! A lot of our chat at Distribution Centres is trying to explain to recipients that there is no need for them to 'feel bad' as our last 'guest' told us that they did. This is a hand-up, not a handout, and most of us need a hand-up from our fellow human beings at some time or other, whether in the form of food or in some other way.

***"Praise God for His goodness to us and pray that we may continue to bless others in this way. Pray for laws to be changed that mean people are uncertain when they will be able to afford the necessities of life even though they may be working hard for the right."***

**NO ONE  
HAS EVER  
BECOME  
POOR  
FROM  
GIVING.**

People donate to Waveney Foodbank in many different ways, some give food, some give money and many donate a few hours every month to help feed those in need, living in their local community. Why not join them?  
You can....  
Donate by cash or cheque,  
Request a standing order form,  
Or contact us to find out about local volunteering opportunities.

**The figures released this April from the Trussel trust show yet another increase, compared to last year, in the people given 3 days emergency food.**

David McAuley, Chief Executive of The Trussell Trust says:

"This years figures on national foodbank use prove that the numbers of people hitting a crisis where they cannot afford food are still far too high. One million three day food supplies given out by our foodbanks every year is one million too many. This many people needing emergency food must not become the new normal. I'm calling on Government, the voluntary sector, businesses and communities to work together to tackle hunger and poverty in the UK. This has to be a society-wide effort.

"Our foodbank network is already playing its part: many foodbanks offer additional services to help people break out of crisis, and if the promising new data science techniques shown in the University of Hull report are developed, we could use them to help tell foodbanks where to target resources and which groups in society are most at risk from hunger."



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@waveneyfoodbank